

BHA HISA Medicals Guidance

How to get HISA Medical Clearance to Race in America

In order to ride in the USA you need HISA medical clearance, and the BHA has an agreement with HISA that they will accept a medical clearance letter from the BHA Chief Medical Adviser. Jockeys need to have completed a medical and concussion test within the last 12 months for us to be able to issue a clearance letter.

Because arranging this takes time it is vital that you plan ahead and don't wait until a matter of days or a week before you're due to ride.

MEDICAL

The Medical can either be a standard BHA Medical or it can be a shortened HISA Medical. You can see whoever you normally see for your medical, but you will likely have to pay for this.

In exceptional circumstances, we can sometimes get HISA medicals done at short notice by Racecourse Medical Officers.

CONCUSSION TEST

The Concussion test is either your standard baseline done within the last year or a SCAT 6. IJF centres can do this testing but only by prior arrangement – you will need to make an appointment.

It is sometimes possible for the SCAT 6 to be done at the racecourse if you need it at short notice, but this needs to be agreed in advance with the CMAs.

Please note that for medicals or concussion tests carried out by Racecourse Medical Officers (RMOs) on a raceday, they are doing this as a favour to the BHA and to jockeys – they do not get any additional payment for doing so. RMOs are aware of the workloads and pressures on jockeys and will be helpful where they can be, but it is important you are on time and respectful if we want to be able to continue offering this service.

With enough notice, one of the CMAs can arrange a HISA medical session at an IJF Centre when you can get your medical and SCAT6 done. This works when several jockeys can come in on the same day and it needs the agreement of the IJF that we can use their facilities and someone is available to do the SCAT6 whilst the CMA does the medical.

Contact Details

BHA Chief Medical Advisers Dr Kate Prior and Dr Steven Ready
Tel: **07788 567440** Email: cma@britishhorseracing.com

IJF Centres

- Oaksey House Tel: **01488 674242**
- Jack Berry House Tel: **01653 602090**
- Peter O'Sullivan House Tel: **01638 676200**