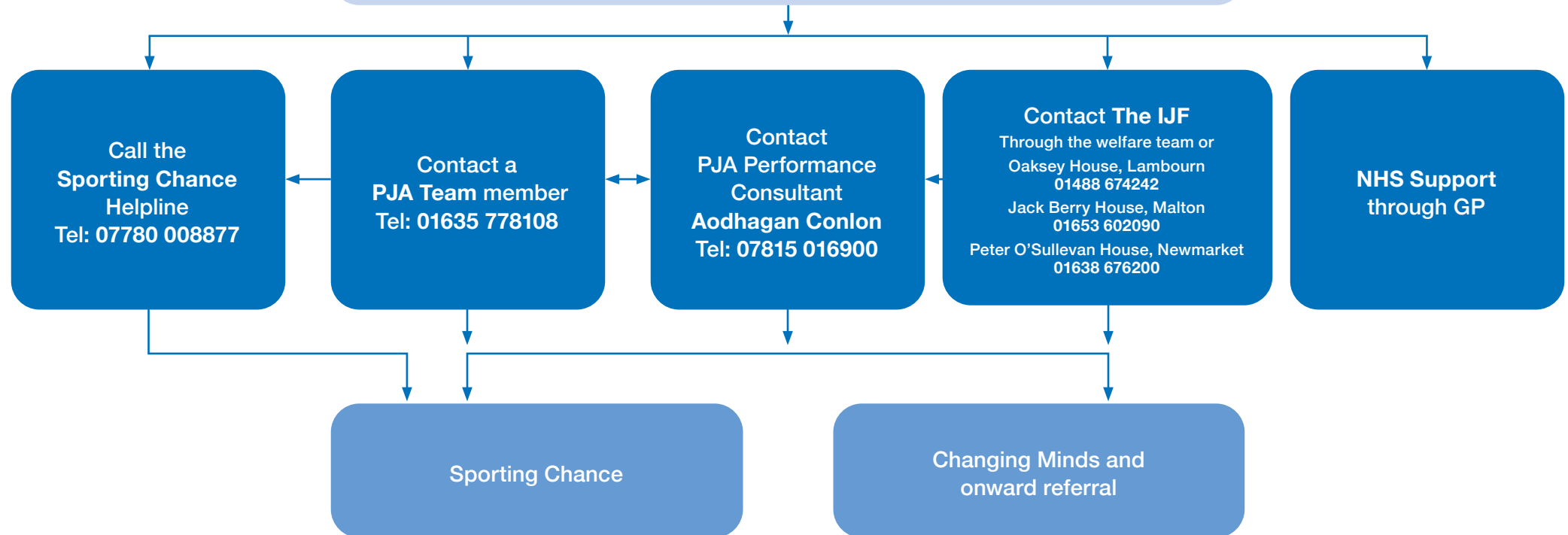


# Mental Wellbeing Referral Pathway for Professional Jockeys



A professional Jockey who wants mental wellbeing support has a number of funded, confidential options available:



After hours support is available through the Sporting Chance Helpline on 07780 008877

If the Jockey is in an emergency or at direct risk of harm to themselves or others, Call 999 or 111