



VACANCY FOR PART-TIME PHYSIOTHERAPIST

The Injured Jockey Fund and Professional Jockeys Association are seeking a Physiotherapist with a minimum of 5 years postgraduate experience to join the rehabilitation team at Oaksey House, Lambourn 1-2 sessions a week and cover 11 race meetings at Salisbury and occasionally other race meetings in the South West. Applicants should be experienced in musculo-skeletal and sports medicine and have worked with professional or elite athletes and be adaptable and able to work alone. A detailed description of the roles and responsibilities attached to this position can be seen at www.thepja.co.uk. Applicants are asked to submit a detailed CV, either by post or email, together with covering letter supporting their application. The names and addresses of two professional referees will be required in every case.

Dr Anna-Louise Mackinnon

The Professional Jockeys Association, 39B Kingfisher Court, Hambridge Road, Newbury,
Berkshire, RG14 5SJ.

Email: alm@thepja.co.uk

Closing Date: 19th February 2010. Interview date: 4th March 2010 at Oaksey House,
Lambourn.

Roles and Responsibilities for Oaksey House Physiotherapist

Job Title: Oaksey House Physiotherapist and member of the JIM Team

Locations: Oaksey House, Lambourn, Salisbury Racecourse and other racecourses as required

Responsible to: Injured Jockeys Fund and Professional Jockeys Association

Accountable to: The Trustees of the IJF and Dr Anna-Louise Mackinnon

Professional responsibility: Physiotherapy service provision

Main purpose of work at Oaksey House:

- To provide physiotherapy and rehabilitation services for injured jockeys and the racing workforce of Lambourn and the surrounding areas
- To support a vision of establishing a centre of excellence for the rehabilitation of injured riders.
- To ensure that the service provision at Oaksey House is evidence based, is responsive to changing health and social care, local and national agendas, thus to establish recognition as a centre of excellence within the local area.
- To pursue the development of a physiotherapy practice so that, in the long term, it may generate sufficient income to cover its costs.

Support for the Physiotherapy and Rehabilitation service

- To assist in the management of the human and material resources of the physio and rehab services
- To assist in the management, control and monitoring of the rehab and main gyms.
- To communicate and discuss the development of the services at Oaksey House with Dr Mackinnon, Kate Badger and Frankie Naylor.
- To identify injury trends, feeding back to representatives of the IJF and PJA.

Other Duties

- Undertake any other duties as may reasonably be required by Dr Mackinnon and the IJF

- To work as part of the JIM team covering Salisbury Racecourse (11 afternoon meetings per year) and other race meetings as need arises.

Jockeys Injury Management (JIM) Team

The JIM Team aim to provide a highly competent and comprehensive physiotherapy service to professional and amateur National Hunt and Flat Jockeys at race meetings. Their treatment aims are to facilitate recovery from injury and to monitor that recovery while also providing advice on the prevention of long term problems.

Treatments are given, when appropriate, to injuries sustained at race meetings on the day and also to Jockeys with more long term injuries.

Treatment starts after history taking, physical examination, diagnosis and an explanation to the patient of the anatomical basis of their symptoms. It may consist of hands-on therapy - such as soft tissue massage, joint mobilisations and stretches - electrotherapy, advice on continuing the therapy at home and the provision of rehabilitation programmes.

Qualifications and Professional Status Required

Members of the JIM Team must:

- Be a qualified Chartered Physiotherapist, currently registered with the CSP and HPC
- Have at least 5 years post-qualification experience in clinical practice.
- Have suitable post-graduate experience of working with sportspeople (elite or professional preferred).
- Have minimum malpractice insurance of £5 million and appropriate Public Liability Insurance.
- Have a current and valid 1st Aid Certificate available for review.

Confidentiality

Members of the JIM Team are expected to treat jockeys' treatment information as confidential and use it only for the purpose for which it has been provided. They must not release any personal or confidential information to anyone who is not entitled to it. Therapists must only use information about a Jockey to continue to care for that them at the Racecourse; or for purposes where that person has given specific permission to use that information.

JIM Team members must also adhere to the conditions of any relevant data protection laws and always follow best practice for handling confidential information. Best practice is likely to change over time and they are required to keep up to date.

Conduct on the Racecourse

Members of the JIM Team must:

- Arrive at the racecourse a minimum of 1 ½ hours before the first race and sign in with the Clerk of the Scales. They should not leave until after jockeys have weighed in following the last race.
- Abide by Weighing Room rules: These include no betting, no alcohol to be consumed while working and the use of a mobile phone is prohibited.
- Be familiar with the definition and Codes of Conduct relating to Inside Information and its use.
- Liaise with other members of the Racecourse Medical Team, communicate and cooperate with them and other carers in their interests, and avoid inappropriate criticism of any of them.
- Work within the facilities provided by each individual racecourse
- Not hold any medication other than Arnica tablets.
- Not take needles onto Racecourse premises other than acupuncture needles if appropriately qualified in acupuncture.

Other Requirements

JIM Team members are expected to:

- Inform the PJA Office and/or the PJA Medical Advisor (PJAMA), if, due to illness or unforeseen circumstances, coverage is unavailable.
- Provide their own transport.
- Provide all disposable materials.
- Provide their own specialist equipment (ultrasound etc.), calibrated and maintained as required by statute with appropriate documentation being forwarded to the PJA.
- Facilitate the referral of Jockeys on to relevant consultants as appropriate with the consent of their GP and/or The PJAMA.
- Educate Jockeys in the prevention and management of injuries and all aspects of their health and fitness.
- Respect and uphold the rights, dignity and individual sensibilities of every Jockey.
- Report, any circumstance which may put Jockeys or others at risk.
- Ensure that advertising in respect of their professional activities is accurate and professionally restrained.

- Not sell, supply, endorse or promote the sale of services or goods in ways which exploit the professional relationship with the Jockey.
- Adhere at all times to the highest personal and professional standards which reflect credit on their profession. Their own behaviour, approach and dress should not cause offence to the public, Jockeys, and other members of the medical services.